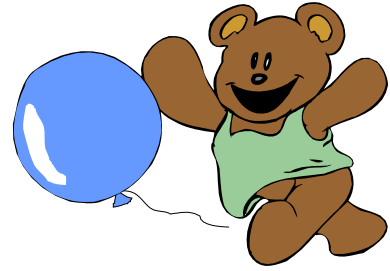


Shands Jacksonville



The mission of Shands Jacksonville is to heal, to comfort and to educate. Our work is dedicated to improving life through innovations in health care. As a university affiliated facility, we are committed to providing constant attention to the patients, community, and each other.

In striving to fulfill our mission, we are guided by the enduring values of

- *EXCELLENCE in each and every customer experience*
- *RESPECT for the critical nature of our work*
- *COMPASSION for humanity and one another*
- *STEWARDSHIP of the trust and privilege to serve*

Child Life Program

Child Life at Shands Jacksonville began in 1974 at University Medical Center. Since inception, the program focus has been the emotional and psychosocial needs of hospitalized children and their families. Through the use of adaptive play, medical play, pre and post procedural education, developmental assessment, and stimulation, Child Life seeks to build and enhance patient's and family's coping skills so that fears and anxieties may be reduced.

Today, the scope of service covers the general pediatric unit, the Pediatric Intensive Care Unit, and the Neonatal Intensive Care. Referral services are provided to the Pediatric Emergency Department and adult medical specialties. The average daily Child Life census is 14 patients.

Child Life Services are available on a flexible schedule. The majority of activities occur Monday through Friday 7:30 am to 5:00 PM. All patient services are provided on a treatment plan basis and directed to those children most in need of psychosocial support.

As integral members of the health care team, Child Life participates in interdisciplinary meetings, provides developmental screening, documents behavioral observations, supervises volunteers and participates in the activities of the Children's Miracle Network.

CHILD LIFE MISSION STATEMENT

The mission of the Child Life Program is to reduce the stressful or emotionally traumatic impact of hospitalization as it relates to the development, health, and well-being of pediatric-aged patients and their families.

Therapeutic play and activity are valued as healing modalities. Assessment, intervention, education, advocacy, and prevention, are the skills utilized to enhance the optimal growth and development of hospitalized infants, children and youth.

The Child Life program advocates for patient and family needs and promotes their leadership and involvement during hospitalization.

Services include:

- + Developmental assessments
- + Programming and implementing developmentally appropriate therapeutic structured play and interactive activities
- + Preparation/Debriefing for medical procedures
- + Support through procedures
- + Coping skill development, enhancement, maintenance
- + Educational continuity
- + Socialization
- + Sensitivity to individual diversity
- + Sensory Stimulation
- + Non-pharmacological pain management

COVERAGE AREAS

General Pediatric Unit
Pediatric Intensive Care
Pediatric Emergency Department

Upon referral:

Neonatal Intensive Care
Trauma Intensive Care
Medical/Surgical Intensive Care
Ante partum

PRIMARY PATIENT DEMOGRAPHICS

BY AGE:

Infants	26%
Toddlers	21%
Preschool Age	10%
School Age	16%
Adolescent	27%

BY CHILD LIFE RISK FACTOR:

High Risk Case	26%
Moderate Risk Case	51%
Low Risk Case	23%

CHILD LIFE INTERNSHIP...a concentrated full time placement in a health care setting

Offers the senior undergraduate or graduate level student intensive exposure to Child Life routine

GOAL

Encourage competency development in the Child Life profession as outlined by the Child Life Council (CLC) guidelines "Competencies for Child Life Specialists".

HOURS

Fifteen weeks at 36-42 hours per week (MINIMUM OF 480 TOTAL HOURS.)

PREREQUISITES

1. Student must be recognized as a senior undergraduate or graduate of an accredited university.
2. Completed core curriculum (see next page)
3. Three hundred hours (300) of fieldwork or practical experience in child development.

CHILD LIFE INTERNSHIP (continued)
COMPONENTS

1. *Supervision by a Certified Child Life Professional.*
2. *Skill objectives based on competency guidelines.*
3. *Planning and implementation of activity programs for children ages one day through eighteen years.*
4. *Participation in the administrative aspects of child life programming (i.e.: budgeting, performance improvement, and patient care conferences).*
5. *Opportunity to gain knowledge of, exposure to, and experience with organizing and implementing preparation programs for children and families regarding medical procedures.*
6. *Orientation and supervision of volunteers.*
7. *Interdisciplinary team participation*
8. *Flexible schedule with majority of student hours 2:00pm through 10:30pm.*

OBJECTIVES

- + Gain basic knowledge of the organization and administration of a Child Life Program.
- + Understanding of the multi-faceted nature of Child Life programming.
- + Place theoretical knowledge into practice.
- + Transition from a student to a professional staff member.
- + Develop professional attitudes, growth, maturity and judgment.
- + Develop leadership skills.
- + Recognize community employment opportunities available for Child Life prepared staff.

CURRICULUM TEN REQUIRED CORE

<i>Anatomy/Physiology</i>	<i>Communications/Hearing</i>	<i>Psychology of Play</i>
<i>Multicultural Awareness</i>	<i>Child Development</i>	<i>Childhood Observation</i>
<i>Medical Terminology</i>	<i>Infant Development</i>	<i>Hospitalized Child</i>
<i>Preschool Development</i>	<i>School Age Development</i>	<i>Well Child Practical</i>
<i>Adolescent Development</i>	<i>Developmental Theory</i>	

ANCILLARY

<i>Nutrition</i>	<i>Therapeutic Recreation</i>	<i>Language Development</i>
<i>Sociology/Anthropology</i>	<i>Childhood Diseases</i>	<i>Child Psychology</i>
<i>Family Issues/Relations</i>	<i>Health Care Management</i>	<i>Social Work</i>
<i>Budgeting and Finance</i>	<i>Cognitive Development</i>	<i>Child Life Philosophies/Goals</i>
<i>Motor Learning Theories</i>	<i>Ethics</i>	<i>Guidance Techniques</i>
<i>Abnormal Psychology</i>	<i>Pain Management/Children</i>	<i>Exceptional Children</i>
<i>Stress and Coping</i>	<i>Communication Skills</i>	<i>Hospitalized Child Practical</i>
<i>Creative Activities</i>	<i>Health Care Communications</i>	<i>Death and Dying</i>

INTERNSHIP REQUIREMENTS

- + List goals and objectives for the educational period
- + Complete mandatory education and orientation to Shands Jacksonville and Child Life
- + Read the Child Life Policy Manual
- + Complete assigned readings
- + Maintain a written journal of hospital experiences
(The journal provides a means of communication between intern and staff. It provides an outlet in which to record and analyze behaviors, interactions, and activities)
- + Apply programmed skill objectives
- + Create personal/professional skill objectives
- + Complete three (3) developmental assessments
- + Complete three (3) behavioral/physiological assessments
- + Present one (1) case study
- + Complete one (1) special project
- + Complete one (1) self-evaluation
- + Formal presentations to staff and volunteers
- + Complete an evaluation of the Child Life Program.
- + Participate in up to three weekend and evening experiences

APPLICATION PROCESS

Access the Common Child Life Internship Application created by the Child Life Council.

The link is:

<http://www.childlife.org/Students%20and%20Educators/CommonInternshipApplication.cfm>

Application Must Include:

Common Child Life Internship Application

Personal resume

University transcript (student copy or official copy is acceptable)

Two letters of recommendation

Suggested Inclusion:

Course Review by the Child Life Certifying Committee

This service may be accessed at the following webpage:

<http://www.childlife.org/Certification/Getting%20Certified/CourseWorkReview.cfm>

Mail Completed Applications to:

Shands Jacksonville Medical Center

Child Life Program Box C-11

655 West Eighth Street

Jacksonville, FL 32209

Application Postmark Dates:

Fall

Postmarked by May 5

Winter/Spring

Postmarked by September 5

Summer

Postmarked by January 5

INTERVIEWS

Once a completed application is received it is evaluated utilizing an objective tool. The highest scoring candidates are invited to complete the process with a telephone interview or an on-site interview.

ACCEPTANCE

One or Two offers are extended to the successful candidate(s) based on the Child Life Council's Universal Offer and Acceptance Dates. More information on this process may be found here: <http://www.childlife.org/Students%20and%20Educators/RecommendedInternshipApplicationandOfferDates.cfm>

MEDICAL CLEARANCE:

A tuberculosis test and varicella screen will be administered and read by the Shands Jacksonville Employee Health department. Additionally, a general physical may be required.

CRIMINAL SCREEN:

The Department of Volunteer Services will complete a criminal background check on all candidates for internship.

APPLICATION TIPS

1. Utilize the Child Life Council website
2. Be well informed if you hope to succeed
3. Find that "thing" that sets you apart from others
4. Ask references to include your abilities to demonstrate Child Life competencies
5. Proofread

SAMPLE INTERNSHIP SCHEDULE

WEEK 1	Psychosocial Care and Play Orientation and observation Tour and way-finding Interdisciplinary introductions Program, literature, and media review Observation of daily activities
WEEK 2	Developmental Theories and Family Centered Care Compile census Participate in patient contact visits Observe patient assessments Attend interdisciplinary rounds. Observe Pediatric Emergency Care and referrals
WEEK 3	Medical Play and Preparation/Debriefing Observe medical play Assist with bedside interventions Independent contact visit Supervise Foster Grand Parents and volunteers Plan week 4 playroom activities
WEEK 4	Cultural/Spiritual/Environmental Issues Implement playroom activity independently Implement bedside intervention Observe medical procedures Observe/implement procedural education
WEEK 5	Pain Independent play group activities Independent bedside interventions Denver Developmental Screening Test II (DDSTII) Proposal and outline of Internship project.
WEEK 6 & 7	Resources-Human and Fiscal Arrange to visit community programs dealing with children's psychosocially issues Autonomous medical play and/or procedural education Begin case study Documentation
WEEKS 8 - 14	NEEDS PROGRAMMING Ethics Evidence Based Practice Performance improvement
WEEK 15	WRAP-UP Special project, case study and self evaluation due Student evaluation

CHILD LIFE SUPERVISION INTEREST MODULES

Areas of Expertise:

LEVEL 1 TRAUMA
NICU
CULTURAL AWARENESS
ASSESSMENT: FORMAL AND INFORMAL
COMMUNICATION
DOCUMENTATION

Areas of Proficiency:

EVIDENCE BASED PRACTICE
GROWTH AND DEVELOPMENT
TREATMENT PLANNING,
SIBLING INTERVENTIONS
DEATH AND DYING
PROCEDURAL SUPPORT

EFFECTS OF HOSPITALIZATION
MEDICAL PREP/DEBRIEF
PLAY
SAFETY: ENVIRONMENTAL, TOY,
INFECTION CONTROL
VOLUNTEER SUPERVISION
FAMILY SUPPORT